

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

GUEST LECTURE REPORT



Speaker

(Dr. Shagufta Parveen, PT)

A Guest Lecture on the topic “**Key Skills for Labour Preparation**” was conducted by the department of Physiotherapy, Integral University, Lucknow on **09th September 2020** on the occasion of **World Physiotherapy Day**.

Dr. Shagufta Parveen (PT), Co-Founder, The Birth Home Midwifery Care & Birth Center, Director & Founder, Herwellness, India's best Maternity services provider chain, Director (Women's Health), International Health Fitness Association IHFA was the invited resource person.



INTEGRAL UNIVERSITY
LUCKNOW (INDIA)

INSPIRING EXCELLENCE

DEPARTMENT OF PHYSIOTHERAPY

PRESENTS

WEBINAR

ON

KEY SKILLS FOR LABOUR PREPARATION

ON THE OCCASION OF

WORLD PHYSIOTHERAPY DAY
08th SEPTEMBER 2020

Wednesday, September 9th, 2020

She explained about correct body posture and pelvic alignment for promoting normal labour. She also emphasized on the exercises and its modification in regards to the head position of the fetus from breech to cephalic. She discussed many more informative topics regarding labour.

This Guest Lecture was conducted at the Youtube Channel of Integral University. (Link: <https://youtu.be/Pk3WGFSJJBA>) which is still available. The total people registered were 610 approx.

The students from Bachelor of Physiotherapy (BPT), Interns and Master of Physiotherapy (MPT) and many others attended the online guest lecture. Dr. Ashfaque Khan (PT), HoD department of physiotherapy expressed his gratitude to the speaker.



(Dr. Ashfaque Khan, PT)
Head, Physiotherapy

Dated: 10/09/2020